



Singing Ourselves

A Voice and Georgian Singing Workshop with Frank Kane

Monday November 11th 2019 at 18.00 in Bienne



Join us in an exploratory workshop
that will allow us to
release untapped **vocal resources**,
deepen the **connection** to ourselves and
to each other, while **sharing** and **freeing**
our voice potential.

In this workshop, Frank will share some simple
body and vocal exercises and techniques,
together with **polyphonic songs**
from the Republic of Georgia,
as a laboratory in which to expand
the strength and depth of our voices
and delve more deeply into the shared
feeling of connection when **singing in a group.**

Students of all levels of experience are welcome. No experience of singing necessary. Keeping with Georgian folk traditions, all songs will be learned by ear.



When: Monday November 11th 2019, 18.00-21.00

Where: Rudolf Steiner Schule, Schützengasse 54, 2502 Biel

Price: 55 Fr if you register till Sept 27th, afterwards 70 Fr
Reduction possible

Language: the workshop will be in English. Frank speaks English and French.

Info & registration: Claudia Bergomi, 079 523 04 06,
suono@claudiabergomi.net



Frank Kane

is an experienced teacher of voice and Georgian songs. He has been studying, teaching and singing Georgian songs for more than 30 years and has developed a distinctive approach using ancient Georgian chants as a medium of vocal expression and path of self-

discovery and exploration; transforming the patterns that constrict the voice and leading us beyond the familiar.

More information: www.georgische-lieder.de; www.claudibergomi.net